

# TEFILLAH POWER FOR GIRLS

פסוקי דזמרה  
קריאת שמע וברכותיה

MORAH  
INSTRUCTIONS  
- AND -  
ANSWER KEYS

A PROJECT OF

  
VANI TEFILLAH  
FOUNDATION  
'PRAYING WITH FIRE'



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## פסוקי דזמרה, קריאת שמע וברכותיה

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## פסוקי דזמרה, קריאת שמע וברכותיה

### What Your Package Includes:

Dear Esteemed *Mechaneches*:  
*Shalom U'Vracha!*

Thank you for participating in this unique and exciting program created by the V'Ani Tefillah Foundation (VAT) to enhance your students' *tefillah* for life. BE"H, to ensure the success of the **Tefillah Power** Initiative and to make it easy for you to implement, we include the following in your package:

- **Tefillah Power Workbook:** Please distribute to each student and take your own copy of the *Tefillah Power* workbook which includes all the weekly lessons. Each week the student completes one lesson which addresses one small part of שחרית. In as little as 15 minutes each week, your students can acquire valuable information in class or on their own that will, BE"H, enhance their understanding and the power of their *tefillah*. You are encouraged to highlight the salient points of each week's *tefillah* lesson in class.
- **Prize Page:** Please distribute to each student the colorful Prize page which is included separately in your package. The Prize page shows students the different prizes they can win for each raffle (after weeks 4, 8, 12, 16 and 19).

#### INCLUDED IN THIS BOOKLET:

- **Weekly Instructions and Answer Keys-** For your convenience, an answer key to the questions for each lesson will be included in the weekly letter.
- **Bonus Cards (page 33)-** If necessary, please make copies of the Bonus Card and distribute to your students. For more information, please see page 12, Lesson 4, 'Distribute Bonus Card' in this booklet.
- **Prize Order Form (page 35)-** Please copy and fill out the Prize Order Form after each raffle drawing (Lessons 4, 8, 12, 16 and 19). For more information, please see page 12, Lesson 4, 'Submit Order Form for Prizes', in this booklet.

Together, BE"H, we can empower your students' *tefillah* for the rest of their lives.

Hatzlacha,



Heshy Kleinman  
V'Ani Tefillah Foundation

See Lesson 1 Instructions (page 9) on how to get started.





## Topics פסוקי דזמרה, קריאת שמע וברכותיה

The chart below is a handy reference guide so that you can easily see which תפילות are covered in each lesson of *Tefillah Power*. In addition, the theme of each lesson is briefly presented to help guide your students.

THEME	WORDS	TEFILLAH	LESSON #
The lesson of <i>Kiddush Hashem</i> .	ברוך ה' אֱלֹקִים אֱלֹקֵי יִשְׂרָאֵל.	ברוך ה' לעולם	1
<i>Ein Od Milvado</i> .	אתה הוא ה' לבדך.	וַיְבָרֶךְ דָּוִיד	2
Our adherence to the מצות strengthens our hold on Eretz Yisrael.	וְכָרוֹת עַמּוֹ הַבְּרִית... וְאֵת אֶרֶץ הַכְּנָעָנִי.	וְכָרוֹת עַמּוֹ הַבְּרִית	3
<i>Emunah: Emunah sichlis vs. emunah chushis.</i>	וַיֵּרָא יִשְׂרָאֵל אֶת הַיָּד הַגְּדֹלָה... וַיֵּאֱמִינוּ בָּהּ.	וַיִּוְשַׁע ה'	4
Although Hashem is the King of the Universe He is personally concerned with our specific needs.	זֶה אֲנִי-לִי.	אֲנִי יְשִׁיר	5
השגחה פרטית	מֶלֶךְ אֱ-לֹהֵי הָעוֹלָמִים.	יִשְׁתַּבַּח	6
Even things which seem to be bad at the time are ultimately also manifestations of Hashem's goodness.	יוֹצֵר אֹר וּבּוֹרֵא חֹשֶׁךְ.	יוֹצֵר אֹר	7
Just as Hashem is holy, so too we are able to be holy.	קָדוֹשׁ קָדוֹשׁ קָדוֹשׁ.	קָדוֹשׁ קָדוֹשׁ קָדוֹשׁ	8
Hashem sustains the world and everything in it with a constant unlimited flow of <i>chesed</i> .	כִּי לְעוֹלָם חֶסֶדּוֹ.	לֹא-לִבְרוּךְ	9
Both love (אהבה) and fear (יראה) of Hashem work together to ensure a real and close connection with Hashem.	וַיַּחֲדֵד לְבַבֵּנוּ לְאַהֲבָה וּלְיִרְאָה אֶת שְׁמֶךְ.	אַהֲבָה רַבָּה 1	10
Hashem's greatest show of love to the Jewish Nation was His choosing them to be the recipients of His Torah.	אַהֲבָה רַבָּה אֶהְבֶּתֶנּוּ... הַבּוֹחֵר בְּעַמּוֹ יִשְׂרָאֵל בְּאַהֲבָה.	אַהֲבָה רַבָּה 2	11
Accepting Hashem's kingship—קבלת עול מלכות שמים	שְׁמַע יִשְׂרָאֵל ה' אֱלֹהֵינוּ ה' אֶחָד.	שְׁמַע 1	12
Doing מצות with freshness and newness.	אֲשֶׁר אֲנִי מַצִּיחַ הַיּוֹם.	שְׁמַע 2	13
The great merit of the <i>mezuzah</i> protection.	עַל מְזוּזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ.	שְׁמַע 3	14
Doing a mitzvah <i>b'simcha</i> , with joy, raises the level of the mitzvah tremendously.	וְהָיָה אִם שָׁמַע תִּשְׁמְעוּ אֵל מִצְוֹתַי.	שְׁמַע 4	15
Performing מצות can bring blessing into the world and defying Hashem's will can bring suffering.	הַשְׁמִירוּ לָכֶם פֶּן יִפְתָּה לְבַבְכֶּם וְסָרְתֶם... וְחָרָה אֵף ה' בְּכֶם.	שְׁמַע 5	16
Our belief in the final redemption is firmly established even if our generation may not have enough merits.	מִגֵּן וּמוֹשִׁיעַ לְבִגְיָהֶם אַחֲרֵיהֶם.	עֲזָרַת 1	17
Our תפילות should be in the form of an outcry to Hashem.	וְעוֹנָה לַעֲמֹד יִשְׂרָאֵל בְּעֵת שְׁוֹעַם אֱלֹהֵינוּ	עֲזָרַת 2	18
<i>Tefillah</i> is the correct response to every challenge in life.	גָּאֵל יִשְׂרָאֵל.	צוּר יִשְׂרָאֵל	19







## פסוקי דזמרה, קריאת שמע וברכותיה

### Lesson 1: ברוך ה' לעולם

Please refer to workbook pages 5-10

#### FOR THE MECHANES:

- Review **Instruction Sheet** (see page 3 of the *Tefillah Power Workbook*): Please review the instruction sheet with your students, which explains how your students can get started.
- Review **Contest Card** (see page 129 of the *Tefillah Power Workbook*) - Students should use the first Contest Card on page 129 for Lessons 1-4. Each week's lesson gives each student the chance to fill in 5 circles on the Contest Card. By filling in at least **18** circles by the end of week 4, she is eligible to enter the monthly drawing for prizes to be held at your school (one prize per month—per grade per school).

#### PLEASE NOTE:

- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 8) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 1** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

#### **ANSWER KEY: Lesson 1: Pesukei D'Zimrah, Krias Shema U'Birchosea—ברוך ה' לעולם**

**FOCUS:** Any action by a Jew that brings honor, respect, and glory to Hashem and causes His name to be sanctified is called a *Kiddush Hashem*. This is one of the greatest things that a person can do.

#### ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### Tefillah Workspace (page 9)

Example 1: Handyman

Offer her a drink, pay her on time and thank her for her work.

Example 2: Paying for items,

Greet the clerk, give (don't toss) the money and thank her.

#### Matching! (page 9)

For answers see **My Very Own Tefillah** (page 7).

#### Tefillah Challenge (page 9)

a. ברוך, אמן.

#### Your Corner! (page 10)

They think that she is a good and kind person, and that it would be wonderful if everyone would be like her.



## פסוקי דזמרה, קריאת שמע וברכותיה

### ויברך דויד: Lesson 2

Please refer to workbook pages 11-16

#### **FOR THE MECHANES:**

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace, Matching, Tefillah Challenge, and Your Corner!**
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 14) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 2** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

#### **ANSWER KEY: Lesson 2: Pesukei D'Zimrah, Krias Shema U'Birchosea—ויברך דויד**

**FOCUS:** *Ein Od Milvado*. There is no other force in creation that has even the slightest hand in creation's running aside from Hashem.

#### **ANSWER KEY:**

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### **Tefillah Workspace (page 15)**

1. Protection—All our efforts to ensure our protection only work if Hashem wills it.
2. Success—Although a person makes a השתדלות, efforts to succeed, whether her efforts will bring the results she desires is up to Hashem.

#### **Matching! (page 15)**

For answers see **My Very Own Tefillah** (page 13).

#### **Tefillah Challenge (page 15)**

א.ברם\אברהם.

#### **Your Corner! (page 16)**

No.



## פסוקי דזמרה, קריאת שמע וברכותיה

### Lesson 3: 2 אבות

Please refer to workbook pages 17-22

#### FOR THE MECHANESCHES:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 20) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 3** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

**ANSWER KEY: Lesson 3: Pesukei D'Zimrah, Krias Shema U'Birchosea—זכרות עמו הברית**

**FOCUS:** Our adherence to the מצוות strengthens our hold on ארץ ישראל.

#### ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### Tefillah Workspace (page 21)

q	y	a	f	f	i	q	t	t	x	w	e
f	k	c	f	f	c	m	n	j	a	x	t
k	m	b	i	b	y	a	s	j	v	n	
u	n	h	e	g	y	p	t	j	t	r	d
g	r	y	b						o	h	e
v	d	o	a						r	r	u
c	b	k	n						d	e	i
r	y	m	o						a	y	k
d	i	h	n	f	i	r	a	n	i	j	t
t	g	r	s	y	r	i	a	s	m	t	d
h	s	f	f	g	a	m	d	w	k	e	a
p	w	e	d	g	q	s	n	e	o	e	w

#### Matching! (page 21)

For answers see **My Very Own Tefillah** (page 19)

#### Tefillah Challenge (page 21)

a. עמלקי.

#### Your Corner! (page 22)

The condition is to uphold their faithfulness to Hashem and His Torah.



## פסוקי דזמרה, קריאת שמע וברכותיה

### Lesson 4: ויושע ה'

Please refer to workbook pages 23-28

#### FOR THE MECHANES:

- Collect **Completed Contest Cards**: At the end of **week 4**, when the student has filled in at least 18 circles on her Contest Card (which should be this week), she should cut out the **Contest Card on page 129** of the *Tefillah Power* workbook and give it to you. The completed Contest Card is her ticket to enter a raffle to win prizes. Please note that if a student missed a prior week, she may still fill in the Contest Card circle until the end of Week 4 and become eligible for the raffle to win a monthly prize. Please make sure that the Contest Cards submitted by all the participating students in the grade are included in the raffle drawing so that each student will have an opportunity to win prizes.
- Distribute **Bonus Card**: On page 33 of this booklet, you will find a copy of the **Bonus Card**. Please copy the card and cut into two, to accommodate your participating students. Please give a **Bonus Card** to each student who fills in **all 20 circles on her Contest Card**. The Bonus Card is to be used as an additional ticket to enter the raffle to win prizes.
- **Conduct Raffle for Prizes**: A raffle for prizes should be held at your school when you collect the Contest Cards (and Bonus Cards) from the students in your class. There is to be **ONE winner per grade each month for each school**, as long as there are at least **20 students** participating in the Tefillah Power program from that grade. If the grade has **less than 20 students** participating, please combine the grades so that there are, at a minimum, 20 students participating. To select the winner, please coordinate the date of the raffle with the other Teachers of your grade.
- Submit **Order Form for Prizes** - After you conduct the raffle in your school and the winner is chosen for your grade (see above: **Conduct Raffle for Prizes**), she may choose her prize from the Prize Page that she received in Week 1 (each student received a colorful **Prize Page** when the *Tefillah Power* workbook was handed out). To order the prize for the winner, please fill out the **Order Form for Prizes** (see page 35 of this Booklet) and fax it to 201-837-7444. When the V'Ani Tefillah Foundation (VAT) receives the Order Form, the prize will be ordered and shipped.

#### PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace, Matching, Tefillah Challenge**, and **Your Corner!**
- Encourage Students to Read **"Bringing Tefillah to Life" Story** (Page 26) and discuss the **"Food for Thought"** question at the שבת table.
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included on the next page.
- Review **Answer Key: Lesson 4**: For your convenience, an answer key to the questions in this week's *Tefillah Power* is included on the next page.

(cont. on next page)

**Lesson 4: Pesukei D’Zimrah, Krias Shema U’Birchosa—וישע ה’**

**FOCUS:** There are two levels of emunah: one where someone “understands” that Hashem is the Creator and Orchestrator of creation, and one where someone can “see” it clearly.

**ANSWER KEY:**

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

**Suggested Answers to Tefillah Workspace (page 27)**

Students stories will vary.

**Matching! (page 27)**

For answers see **My Very Own Tefillah** (page 25).

**Tefillah Challenge (page 27)**

a. משה.

**Your Corner! (page 28)**

Believing that Hashem runs the world, and feeling it as if you see it.



## פסוקי דזמרה, קריאת שמע וברכותיה

### Lesson 5: אז ישיר

Please refer to workbook pages 31-36

#### **FOR THE MECHANES:**

- Review **Contest Card** (see page 129 of the *Tefillah Power Workbook*) - Students should use the second Contest Card on page 129 for Lessons 5-8. Each week's lesson gives each student the chance to fill in 5 circles on the Contest Card. By filling in at least 18 circles by the end of week 8, she is eligible to enter the monthly drawing for prizes to be held at your school (one prize per month—per grade per school).

#### **PLEASE NOTE:**

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner!**
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 34) and answer the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 5** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

#### **ANSWER KEY: Lesson 5: Pesukei D'Zimrah, Krias Shema U'Birchosa—אז ישיר**

**FOCUS:** Although Hashem is the King of the universe and involved in the greatest of things, He is still personally concerned with each person's specific needs.

#### **ANSWER KEY:**

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### **Tefillah Workspace (page 35)**

1. Safety 2. School 3. Health 4. Friends

#### **Matching! (page 35)**

For answers see **My Very Own Tefillah** (page 33).

#### **Tefillah Challenge (page 35)**

ה. מלכותה קאם לעלם ולעלמי לעלמיא.

#### **Your Corner! (page 36)**

No! Hashem cares for each person's big and small needs.



## פסוקי דזמרה, קריאת שמע וברכותיה

### Lesson 6: ישתבח

Please refer to workbook pages 37-42

#### **FOR THE MECHANES:**

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 40) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 6** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

#### **ANSWER KEY: Lesson 6: Pesukei D'Zimrah, Krias Shema U'Birchosea—ישתבח**

**FOCUS:** השגחה פרטית—Every facet of creation is controlled by Hashem, and every last detail fits into His master plan—nothing is a coincidence

#### **ANSWER KEY:**

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### **Tefillah Workspace (page 41)**

**Across:** 1. Moshe 2. Esther 3. Yosef

**Down:** 1. Achshveirosh 2. Haman 3. Shevatim

#### **Matching! (page 41)**

For answers see **My Very Own Tefillah** (page 39).

#### **Tefillah Challenge (page 41)**

a. הלל.

#### **Your Corner! (page 42)**

He guides each aspect of Creation so that it all works together in perfect harmony just as the conductor guides all the musicians.



## פסוקי דזמרה, קריאת שמע וברכותיה

### יוצר אור ובורא חשך: Lesson 7

Please refer to workbook pages 43-48

#### **FOR THE MECHANES:**

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 46) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 7** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

#### **ANSWER KEY: Lesson 7: Pesukei D'Zimrah, Krias Shema U'Birchosa—יוצר אור ובורא חשך**

**FOCUS:** Even things that seem to be bad are ultimately also manifestations of Hashem's goodness, even though very often we can't understand how, especially since we do not see the complete story.

#### **ANSWER KEY:**

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### **Tefillah Workspace (page 47)**

Situation 1: You miss the bus and it winds up being in an accident

Situation 2: Since she was fired, she was forced to look for a new job and found one that paid more and that she liked better

Situation 3: Since she did not feel well, she went to the doctor and found that she had a condition that required her to take medication.

Situation 4: The frustration of spilling and losing the milk may be a כפרה for an עבירה instead of some other loss.

#### **Matching! (page 47)**

For answers see **My Very Own Tefillah** (page 45)

#### **Tefillah Challenge (page 47)**

בראשית.

#### **Your Corner! (page 48)**

Only if you know the complete story much later can you see how everything that was done or that happened was really for the good.





## פסוקי דזמרה, קריאת שמע וברכותיה

### Lesson 8: קדוש קדוש קדוש

Please refer to workbook pages 49-54

#### FOR THE MECHANES:

- Collect **Completed Contest Cards**: At the end of **week 8**, when the student has filled in at least 18 circles on her Contest Card (which should be this week), she should cut out the **Contest Card on page 129** of the *Tefillah Power* workbook and give it to you. The completed Contest Card is her ticket to enter a raffle to win prizes. Please note that if a student missed a prior week, she may still fill in the Contest Card circles until the end of Week 8 and become eligible for the raffle to win a monthly prize. Please make sure that the Contest Cards submitted by all the participating students in the grade are included in the raffle drawing so that each student will have an opportunity to win prizes.
- Distribute **Bonus Card**: On page 33 of this booklet, you will find a copy of the **Bonus Card**. Please copy the card and cut into two, to accommodate your participating students. Please give a **Bonus Card** to each student who fills in **all 20 circles on her Contest Card**. The Bonus Card is to be used as an additional ticket to enter the raffle to win prizes.
- **Conduct Raffle for Prizes**: A raffle for prizes should be held at your school when you collect the Contest Cards (and Bonus Cards) from the students in your class. There is to be **ONE winner per grade each month for each school**, as long as there are at least **20 students** participating in the Tefillah Power program from that grade. If the grade has **less than 20 students** participating, please combine the grades so that there are, at a minimum, 20 students participating. To select the winner, please coordinate the date of the raffle with the other Teachers of your grade.
- Submit **Order Form for Prizes** - After you conduct the raffle in your school and the winner is chosen for your grade (see above: **Conduct Raffle for Prizes**), she may choose her prize from the Prize Page that she received in Week 1 (each student received a colorful **Prize Page** when the *Tefillah Power* workbook was handed out). To order the prize for the winner, please fill out the **Order Form for Prizes** (see page 35 of this Booklet) and fax it to 201-837-7444. When the V'Ani Tefillah Foundation (VAT) receives the Order Form, the prize will be ordered and shipped.
- Hang up **Tefillah Power Poster** - Please hang up the colorful 11x17 *Tefillah Power* Poster for students to see to help reinforce the week's *tefillah* lesson and focus.

#### PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 52) and discuss the "**Food for Thought**" question at the שבת table.
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end on the next page.
- Review **Answer Key: Lesson 8**: For your convenience, an answer key to the questions in this week's *Tefillah Power* is included on the next page.

(cont. next page)

**ANSWER KEY: Lesson 8: Pesukei D’Zimrah, Krias Shema U’Birchosa—קדוש קדוש קדוש**

**FOCUS:** Just as Hashem is holy, so too we, who have a *neshamah* in us, are commanded to act in an uplifted and special way.

**ANSWER KEY:**

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

**Tefillah Workspace (page 53)**

Situation 1: If possible eat it anyway and ask the one who prepared it for permission to take something else.

Situation 2: Try to ignore her rudeness and just keep walking.

Situation 3: Ask her nicely if she wouldn’t mind giving you a turn in 20 minutes.

Situation 4: Just keep walking and don’t answer her back.

**Matching! (page 53)**

For answers see **My Very Own Tefillah** (page 51).

**Tefillah Challenge (page 53)**

b. קדוש.

**Your Corner! (page 54)**

It makes you act more elevated.



## פסוקי דזמרה, קריאת שמע וברכותיה

### לא-ל ברוך: Lesson 9

Please refer to workbook pages 57-62

#### FOR THE MECHANECES:

- Review **Contest Card** (see page 129 of the *Tefillah Power Workbook*) - Students should use the third Contest Card on page 129 for Lessons 9-12. Each week's lesson gives each student the chance to fill in 5 circles on the Contest Card. By filling in at least **18** circles by the end of week 12, she is eligible to enter the monthly drawing for prizes to be held at your school (one prize per month—per grade per school).

#### PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 60) and answer the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 9** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

#### **ANSWER KEY: Lesson 9: Pesukei D'Zimrah, Krias Shema U'Birchosea—לא-ל ברוך**

**FOCUS:** Hashem sustains the world and everything in it with a constant and unlimited flow of *chesed*; nothing just "continues to exist."

#### ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### Tefillah Workspace (page 61)

1. People
2. Animals
3. Plants
4. Birds

#### Matching! (page 61)

For answers see **My Very Own Tefillah** (page 59).

#### Tefillah Challenge (page 61)

בעל מלחמות.

#### Your Corner! (page 62)

No.



## פסוקי דזמרה, קריאת שמע וברכותיה

### Lesson 10: אהבה רבה 1

Please refer to workbook pages 63-68

#### **FOR THE MECHANES:**

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 66) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 10** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

#### **ANSWER KEY: Lesson 10: Pesukei D'Zimrah, Krias Shema U'Birchosa—אהבה רבה 1**

**FOCUS:** Both love (אהבה) and fear (יראה) work together to ensure a real and close connection with Hashem.

#### **ANSWER KEY:**

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### **Tefillah Workspace (page 66)**

Scared to lose closeness.

#### **Matching! (page 66)**

For answers see **My Very Own Tefillah** (page 67).

#### **Tefillah Challenge (page 67)**

מאריך פנמות הארץ. ב.

#### **Your Corner! (page 68)**

Love and fear of Hashem.



## פסוקי דזמרה, קריאת שמע וברכותיה

### אהבה רבה 2: Lesson 11

Please refer to workbook pages 69-74

#### **FOR THE MECHANES:**

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 72) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 11** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

#### **ANSWER KEY: Lesson 11: Pesukei D'Zimrah, Krias Shema U'Birchosea—אהבה רבה 2**

**FOCUS:** Hashem's greatest show of love to the Jewish Nation was His choosing them to be the recipients of His Torah, and thereby be granted the ability to have an uplifted and meaningful life.

#### **ANSWER KEY:**

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### **Tefillah Workspace (page 73)**

1. שבת - A chance to rest from doing work, have guests by the שבת meals, and spend meaningful time with our family.
2. תפילה - A chance to speak to Hashem and develop a relationship with Him and ask the King of kings for what we need.
3. צדקה - Help develop the trait of compassion in the giver and ensures that people are taken care of.
4. השבת אבדה - Teaches us to respect other people's things and helps to ensure others will respect our things.
5. כיבוד אב ואם - Teaches us to be grateful and to happily appreciate all that we're given by our parents and Hashem.
6. Being especially nice to orphans and widows - Teaches us to be merciful, especially to those who need our compassion.
7. ביקור חולים - Ensures that in time of distress no one will feel abandoned and lonely.
8. Not stealing - Ensures that people live in peace with each other.

#### **Matching! (page 73)**

For answers see **My Very Own Tefillah** (page 71)

#### **Tefillah Challenge (page 73)**

a. 2

#### **Your Corner! (page 74)**

Giving them the Torah.



## פסוקי דזמרה, קריאת שמע וברכותיה

### שמע 1: Lesson 12:

Please refer to workbook pages 75-80

#### FOR THE MECHANES:

- Collect **Completed Contest Cards**: At the end of **week 12**, when the student has filled in at least 18 circles on her Contest Card (which should be this week), she should cut out the **Contest Card on page 129** of the *Tefillah Power* workbook and give it to you. The completed Contest Card is her ticket to enter a raffle to win prizes. Please note that if a student missed a prior week, she may still fill in the Contest Card circles until the end of Week 12 and become eligible for the raffle to win a monthly prize. Please make sure that the Contest Cards submitted by all the participating students in the grade are included in the raffle drawing so that each student will have an opportunity to win prizes.
- Distribute **Bonus Card**: On page 33 of this booklet, you will find a copy of the **Bonus Card**. Please copy the card and cut into two, to accommodate your participating students. Please give a **Bonus Card** to each student who fills in **all 20 circles on her Contest Card**. The Bonus Card is to be used as an additional ticket to enter the raffle to win prizes.
- **Conduct Raffle for Prizes**: A raffle for prizes should be held at your school when you collect the Contest Cards (and Bonus Cards) from the students in your class. There is to be **ONE winner per grade each month for each school**, as long as there are at least **20 students** participating in the Tefillah Power program from that grade. If the grade has **less than 20 students** participating, please combine the grades so that there are, at a minimum, 20 students participating. To select the winner, please coordinate the date of the raffle with the other Teachers of your grade.
- Submit **Order Form for Prizes** - After you conduct the raffle in your school and the winner is chosen for your grade (see above: **Conduct Raffle for Prizes**), she may choose her prize from the Prize Page that she received in Week 1 (each student received a colorful **Prize Page** when the *Tefillah Power* workbook was handed out). To order the prize for the winner, please fill out the **Order Form for Prizes** (see page 35 of this Booklet) and fax it to 201-837-7444. When the V'Ani Tefillah Foundation (VAT) receives the Order Form, the prize will be ordered and shipped.

#### PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 78) and discuss the "**Food for Thought**" question at the שבת table.
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included on the next page.
- Review **Answer Key: Lesson 12**: For your convenience, an answer key to the questions in this week's *Tefillah Power* is included on the next page.

(cont. on next page)

**ANSWER KEY: Pesukei D'Zimrah, Krias Shema U'Birchosa—שמע 1**

**FOCUS:** קבלת עול מלכות שמים—Hashem is our King, and He is the only One Whose instructions, which are given in the Torah, should mold how we live our life.

**ANSWER KEY:**

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

**Tefillah Workspace (page 79)**

1. She should thank her mother for her efforts and ask if perhaps there is also something else that she can eat.
2. She cleans herself and the seat. If she is certain which girl did it, she nicely reminds the girl that she found her cupcake on the seat and to please be more careful next time.
3. If possible she nicely asks the driver if she could please stop. If not, she gets off at the next stop.

**Matching! (page 79)**

For answers see **My Very Own Tefillah** (page 77).

**Tefillah Challenge (page 79)**

וקשרתם... עיניך. c.

**Your Corner! (page 80)**

Accepting Hashem's absolute rule and then trying our best to act in the way revealed to us in the Torah which is what Hashem wants.



## פסוקי דזמרה, קריאת שמע וברכותיה

### שמע 2: Lesson 13

Please refer to workbook pages 83-88

#### FOR THE MECHANES:

- Review **Contest Card** (see page 129 of the *Tefillah Power Workbook*) - Students should use the fourth Contest Card on page 129 for Lessons 13-16. Each week's lesson gives each student the chance to fill in 5 circles on the Contest Card. By filling in at least **18** circles by the end of week 16, she is eligible to enter the monthly drawing for prizes to be held at your school (one prize per month—per grade per school).

#### PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner!**
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 86) and answer the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 13** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

#### ANSWER KEY: Lesson 13: *Pesukei D'Zimrah, Krias Shema U'Birchosa*— שמע 2

**FOCUS:** Doing מצות with freshness and newness, as if they were just commanded today for the very first time.

#### ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### Tefillah Workspace (page 87)

Answers will vary.

#### Matching! (page 87)

For answers see **My Very Own Tefillah** (page 85).

#### Tefillah Challenge (page 87)

למען ירבו ימיכם וימי בניכם. c.

#### Your Corner! (page 88)

Imagine if someone very important, such as your Morah, would instruct you to do something and receive a great reward—wouldn't you feel an excitement! Realize that Hashem, the King of kings and Master of the world, is asking you each day to fulfill each מצוה commanded that day.





## פסוקי דזמרה, קריאת שמע וברכותיה

### שמע 3: Lesson 14

Please refer to workbook pages 89-94

#### **FOR THE MECHANES:**

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner!**
- **Tefillah Challenge question in Workbook** -To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 92) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 14** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

#### **ANSWER KEY: Lesson 14: Pesukei D'Zimrah, Krias Shema U'Birchosea—שמע 3**

**FOCUS:** The merit of putting a *mezuzah* on the door can bring special protection from Hashem.

#### **ANSWER KEY:**

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### **Tefillah Workspace (page 93)**

Mezuzah Merits Protection.

#### **Matching! (page 93)**

For answers see **My Very Own Tefillah** (page 91).

#### **Tefillah Challenge (page 93)**

a. לטוטפת / לטטפת

#### **Your Corner! (page 94)**

Having a *mezuzah* on the doorpost.



## פסוקי דזמרה, קריאת שמע וברכותיה

### Lesson 15: שמע 4

Please refer to workbook pages 95-100

#### FOR THE MECHANES:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner!**
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the tefillah they recite, please encourage them to answer the question on their workbook. The answer to this week's Tefillah Challenge question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 86) and answer the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 15** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

#### ANSWER KEY: Lesson 15: *Pesukei D'Zimrah, Krias Shema U'Birchosa*—שמע 4

**FOCUS:** Doing a *mitzvah b'simcha*, with joy, raises the level of the *mitzvah* tremendously and brings much greater reward, because such a *mitzvah* is very precious to Hashem.

#### ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### Tefillah Workspace (page 99)

d	n	o	f	t	m	I	r	e	w	a	r	d
j	n	g	l	h	u	i	g	p	g	v	e	k
m	v	l	b	h	o	n	v	;	p	h	w	s
z	m	r	c	e	s	z	v	n	j	i	j	g
f	h	y	g	g	g	s	u	k	q	z	j	k
i	t	f	d	e	d	i	c	a	t	i	o	n
o	n	r	d	x	z	m	j	f	y	j	f	o
m	t	p	l	e	c	c	w	m	c	j	u	n
u	h	b	f	r	n	h	j	n	n	f	i	q
a	m	i	t	z	v	a	h	t	l	b	c	d
g	y	i	d	c	i	m	x	r	s	e	d	g
j	b	f	r	h	n	k	o	h	b	m	t	f
c	e	c	o	m	m	i	t	m	e	n	t	j

#### Matching! (page 99)

For answers see **My Very Own Tefillah** (page 97).

#### Tefillah Challenge (page 99)

b. וְרָאִיתָם אֹתוֹ

#### Your Corner! (page 100)

Doing it *b'simcha*.



## פסוקי דזמרה, קריאת שמע וברכותיה

### שמע 5: Lesson 16

Please refer to workbook pages 101-106

#### FOR THE MECHANES:

- Collect **Completed Contest Cards**: At the end of **week 16**, when the student has filled in at least 18 circles on her Contest Card (which should be this week), she should cut out the **Contest Card on page 129** of the *Tefillah Power* workbook and give it to you. The completed Contest Card is her ticket to enter a raffle to win prizes. Please note that if a student missed a prior week, she may still fill in the Contest Card circles until the end of Week 16 and become eligible for the raffle to win a monthly prize. Please make sure that the Contest Cards submitted by all the participating students in the grade are included in the raffle drawing so that each student will have an opportunity to win prizes.
- Distribute **Bonus Card**: On page 33 of this booklet, you will find a copy of the **Bonus Card**. Please copy the card and cut into two, to accommodate your participating students. Please give a **Bonus Card** to each student who fills in **all 20 circles on her Contest Card**. The Bonus Card is to be used as an additional ticket to enter the raffle to win prizes.
- **Conduct Raffle for Prizes**: A raffle for prizes should be held at your school when you collect the Contest Cards (and Bonus Cards) from the students in your class. There is to be **ONE winner per grade each month for each school**, as long as there are at least **20 students** participating in the Tefillah Power program from that grade. If the grade has **less than 20 students** participating, please combine the grades so that there are, at a minimum, 20 students participating. To select the winner, please coordinate the date of the raffle with the other Teachers of your grade.
- Submit **Order Form for Prizes** - After you conduct the raffle in your school and the winner is chosen for your grade (see above: **Conduct Raffle for Prizes**), she may choose her prize from the Prize Page that she received in Week 1 (each student received a colorful **Prize Page** when the *Tefillah Power* workbook was handed out). To order the prize for the winner, please fill out the **Order Form for Prizes** (see page 35 of this Booklet) and fax it to 201-837-7444. When the V'Ani Tefillah Foundation (VAT) receives the Order Form, the prize will be ordered and shipped.

#### PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace, Matching, Tefillah Challenge**, and **Your Corner!**
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 104) and discuss the "**Food for Thought**" question at the שבת table.
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included on the next page.
- Review **Answer Key: Lesson 16**: For your convenience, an answer key to the questions in this week's *Tefillah Power* is included on the next page.

(cont. on next page)

**ANSWER KEY: Lesson 16: Pesukei D'Zimrah, Krias Shema U'Birchosea—שמע 5**

**FOCUS:** Doing מצוות can cause blessings to be brought to the world, and defying Hashem's Will can remove blessings and can cause suffering to be brought to the world.

**ANSWER KEY:**

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

**Tefillah Workspace (page 105)**

Doing good can bring blessing. Doing bad can take away blessing.

**Matching! (page 105)**

For answers see **My Very Own Tefillah** (page 103).

**Tefillah Challenge (page 105)**

a. וְלֹא יִהְיֶה קִטָּר.

**Your Corner! (page 106)**

How much we are following the path of the Torah.



## פסוקי דזמרה, קריאת שמע וברכותיה

### עזרת 1: Lesson 17

Please refer to workbook pages 109-114

#### FOR THE MECHANESCHES:

- Review **Contest Card** (see page 129 of the *Tefillah Power Workbook*) - Students should use the fifth Contest Card on page 129 for Lessons 17-19. Each week's lesson gives each student the chance to fill in 5 circles on the Contest Card. By filling in at least **13** circles by the end of week 19, she is eligible to enter the monthly drawing for prizes to be held at your school (one prize per month—per grade per school).

#### PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 112) and discuss the "**Food for Thought**" question at the שבת table.
- Answer Key: Lesson 17** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

#### ANSWER KEY: Lesson 17: *Pesukei D'Zimrah, Krias Shema U'Birchosea*—עזרת 1

**FOCUS:** Even if we ourselves as a generation don't deserve all the things we have in our own merit, it continues to come due to the collective merits of all the generations before us.

#### ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### Tefillah Workspace (page 113)

u	f	r	n	q	o	a	e	d	c	h	t	b	h	p
i	u	b	l	e	s	s	i	n	g	s	i	v	g	r
q	x	o	h	r	f	s	t	f	k	u	g	f	r	o
i	h	d	e	x	f	i	r	x	s	v	g	j	k	t
i	h	y	f	e	d	s	f	h	h	r	w	x	h	e
m	u	x	d	m	e	t	i	v	w	m	o	b	f	c
c	f	o	r	e	f	a	t	h	e	r	s	t	b	t
o	c	f	r	r	y	n	n	r	t	c	v	g	h	i
y	g	d	e	i	n	c	i	h	r	d	c	g	n	o
o	p	h	t	t	a	e	m	x	z	g	u	y	j	n
q	c	i	x	i	g	t	d	t	i	j	i	g	t	j
g	y	h	k	n	v	a	e	h	i	k	g	t	g	c
i	b	f	r	d	e	d	s	q	b	k	n	u	u	r
y	r	e	i	t	i	o	n	s	h	i	p	t	v	d
e	f	h	i	j	y	g	r	d	r	f	b	j	i	i

#### Matching! (page 113)

For answers see **My Very Own Tefillah** (page 111).

#### Tefillah Challenge (page 113)

c. 15.

#### Your Corner! (page 114)

By showing extraordinary dedication and loyalty to Him.



## פסוקי דזמרה, קריאת שמע וברכותיה

### עזרת 2: Lesson 18

Please refer to workbook pages 115-120

#### FOR THE MECHANES:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 118) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 18** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

#### ANSWER KEY: Lesson 18: *Pesukei D'Zimrah, Krias Shema U'Birchosea*—עזרת 2

**FOCUS:** Our תפילות should be in the form of a heartfelt plea to Hashem, expressing how much we need Him for everything in our lives.

#### ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

#### Tefillah Workspace (page 119)

d	p	m	t	e	f	i	l	l	a	h
e	b	i	v	r	x	s	w	n	k	
f	g	s	r	f	x	j	i	g	m	g
e	c	g	p	j	f	q	a	v	y	t
m	d	e	p	e	n	d	a	n	t	j
e	c	i	t	b	r	h	d	w	s	q
p	h	y	d	s	c	a	e	c	g	j
p	k	b	g	c	d	b	t	h	u	f
r	n	u	k	i	n	d	n	e	s	s
w	d	g	m	l	u	n	f	h	u	w
o	u	t	c	r	y	j	n	f	k	i

#### Matching! (page 119)

For answers see **My Very Own Tefillah** (page 117).

#### Tefillah Challenge (page 119)

a. 2.

#### Your Corner! (page 120)

As much as possible. Yes.



## פסוקי דזמרה, קריאת שמע וברכותיה

### צור ישראל: Lesson 20

**Please refer to workbook pages 121-126**

On behalf of the V'Ani Tefillah Foundation (VAT), thank you for participating in this unique and exciting program to enhance your students' tefillah for life.

#### **FOR THE MECHANES:**

- Collect **Completed Contest Cards**: At the end of **week 19**, when the student has filled in at least 18 circles on her Contest Card (which should be this week), she should cut out the **Contest Card on page 129** of the *Tefillah Power* workbook and give it to you. The completed Contest Card is her ticket to enter a raffle to win prizes. Please note that if a student missed a prior week, she may still fill in the Contest Card circles until the end of Week 19 and become eligible for the raffle to win a monthly prize. Please make sure that the Contest Cards submitted by all the participating students in the grade are included in the raffle drawing so that each student will have an opportunity to win prizes.
- Distribute **Bonus Card**: On page 33 of this booklet, you will find a copy of the **Bonus Card**. Please copy the card and cut into two, to accommodate your participating students. Please give a **Bonus Card** to each student who fills in **all 15 circles on her Contest Card**. The Bonus Card is to be used as an additional ticket to enter the raffle to win prizes.
- **Conduct Raffle for Prizes**: A raffle for prizes should be held at your school when you collect the Contest Cards (and Bonus Cards) from the students in your class. There is to be **ONE winner per grade each month for each school**, as long as there are at least **20 students** participating in the Tefillah Power program from that grade. If the grade has **less than 20 students** participating, please combine the grades so that there are, at a minimum, 20 students participating. To select the winner, please coordinate the date of the raffle with the other Teachers of your grade.
- Submit **Order Form for Prizes** - After you conduct the raffle in your school and the winner is chosen for your grade (see above: **Conduct Raffle for Prizes**), she may choose her prize from the Prize Page that she received in Week 1 (each student received a colorful **Prize Page** when the *Tefillah Power* workbook was handed out). To order the prize for the winner, please fill out the **Order Form for Prizes** (see page 35 of this Booklet) and fax it to 201-837-7444. When the V'Ani Tefillah Foundation (VAT) receives the Order Form, the prize will be ordered and shipped.

#### **PLEASE NOTE:**

- **Certificate of Achievement**: The V'Ani Tefillah Foundation is proud to give each student who has completed the Tefillah Power program, a **certificate of achievement**. There is a certificate included on page 131 of the *Tefillah Power* workbook. Students should cut it out and hand it in to the Morah. Please fill in the name of the student on the Certificate.
- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace, Matching, Tefillah Challenge, and Your Corner!**
- Encourage Students to Read **"Bringing Tefillah to Life" Story** (Page 124) and discuss the **"Food for Thought"** question at the שבת table.
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).

(cont. on next page)

- Review **Answer Key: Lesson 19:** For your convenience, an answer key to the questions in this week's *Tefillah Power* is included below.

**ANSWER KEY: Lesson 19: *Pesukei D'Zimrah, Krias Shema U'Birchosea*—צור ישראל**

**FOCUS:** Because we trust in Hashem alone to redeem us from our troubles, *tefillah* is indeed the prescribed manner for a Jew to respond to every challenge in life.

**ANSWER KEY:**

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

**Tefillah Workspace (page 125)**

r	f	y	p	v	d	s	x	d	b	j	t
q	a	k	h	c	f	r	b	h	j	m	k
e	c	g	t	y	h	k	k	m	b	f	c
g	t	n	o	h	y	f	c	e	f	v	h
p	o	w	e	r	f	n	m	k	i	y	m
z	d	y	h	e	g	y	p	t	n	j	d
p	n	h	y	d	d	j	u	h	t	f	r
c	e	d	r	f	t	s	g	e	b	u	g
r	f	g	h	u	j	i	o	k	h	f	r
g	t	e	f	i	l	l	a	h	n	j	s
d	r	g	e	j	f	t	g	j	i	j	i
c	h	a	l	l	e	n	g	e	s	g	u

**Matching! (page 125)**

For answers see **My Very Own Tefillah** (page 125).

**Tefillah Challenge (page 131)**

b. 5.

**Your Corner! (page 126)**

The knowledge that we are speaking to Someone who really has the ability to help us in any and every situation—no matter how difficult it may be.



# TEFILLAH POWER BONUS CARD

If you fill in all **20 circles** on the Contest Card (all 15 circles after week 19), you can submit this BONUS CARD for an extra chance to win prizes! Just fill in the information below, and give this BONUS CARD to Morah with your completed Contest Card.

NAME \_\_\_\_\_

MORAH'S NAME \_\_\_\_\_

SCHOOL \_\_\_\_\_

GRADE \_\_\_\_\_



# TEFILLAH POWER BONUS CARD

If you fill in all **20 circles** on the Contest Card (all 15 circles after week 19), you can submit this BONUS CARD for an extra chance to win prizes! Just fill in the information below, and give this BONUS CARD to Morah with your completed Contest Card.

NAME \_\_\_\_\_

MORAH'S NAME \_\_\_\_\_

SCHOOL \_\_\_\_\_

GRADE \_\_\_\_\_





## GIRLS

## Order Form for Prizes

NOTE: Your school is entitled to one prize per grade per month, as long as there are at least **20 students** participating in the Tefillah Power program from that grade. If the grade has **less than 20 students** participating, then please combine the grades so that there are, at a minimum, 20 students participating. After your grade holds the raffle, the Morah of the winner should submit this form. If the winner is not in your class, please keep this form for the next raffle.

SCHOOL NAME: \_\_\_\_\_ CITY/STATE: \_\_\_\_\_

CONTACT NAME: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_

SCHOOL PHONE: (\_\_\_\_\_) \_\_\_\_\_ EXT: \_\_\_\_\_ FAX: (\_\_\_\_\_) \_\_\_\_\_

NAME OF STUDENT WHO WON (first and last name) \_\_\_\_\_

GRADE: \_\_\_\_\_ MORAH'S NAME \_\_\_\_\_

Prizes should be chosen from the **Prize Page** that each student received with *Tefillah Power*, Issue #1.

**ONE PRIZE PER WINNER: Refer to the prize page. Please list 3 prize choices in order of preference, this way, if prize is out of stock, we have the option to substitute another prize. Choice 1 below should be student's top choice.**

▶ PLEASE NOTE: The **Prize Name** must be filled out. **The number is not enough.**

1) PRIZE NAME: \_\_\_\_\_ Number of Prize:\* \_\_\_\_\_

2) PRIZE NAME: \_\_\_\_\_ Number of Prize:\* \_\_\_\_\_

3) PRIZE NAME: \_\_\_\_\_ Number of Prize:\* \_\_\_\_\_

\*PRIZE NUMBER (see prize page - number is in a circle next to the picture of prize)

WHICH RAFFLE DID STUDENT WIN: (I.E. WEEK 4, WEEK 8 ETC.) \_\_\_\_\_

### SCHOOL SHIPPING ADDRESS:

Please write the shipping address exactly as it should appear on the shipping label.

NAME OR CONTACT: \_\_\_\_\_

SCHOOL: \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_

CITY /STATE / ZIP: \_\_\_\_\_

**TO ORDER: FAX THIS FORM BACK TO: 201-837-7444 or e-mail [info@prayingwithfire.org](mailto:info@prayingwithfire.org)**



MORAH'S NAME: \_\_\_\_\_

GRADE: \_\_\_\_\_

SCHOOL: \_\_\_\_\_

EMAIL: \_\_\_\_\_

CELL PHONE: \_\_\_\_\_



## 'TEFILLAH POWER' Teacher Survey

Please fax the completed Survey to (201) 837-7444 or scan it to [keytfilla@gmail.com](mailto:keytfilla@gmail.com)

1. Did you find the **Tefillah Power** program to be at an appropriate level for your class? Yes \_\_\_\_\_ No \_\_\_\_\_

Comments \_\_\_\_\_

2. Do you feel your students enjoyed learning **Tefillah Power**? Yes \_\_\_\_\_ No \_\_\_\_\_ Comments \_\_\_\_\_

3. What percent of your students read the **Tefillah Power** newsletters? \_\_\_\_\_ %.

4. What percent of your students participated in the contest prize part of the **Tefillah Power** program \_\_\_\_\_ %.

5. How did you use **Tefillah Power** in your class?

You read it aloud in class \_\_\_\_\_ Students read it on their own \_\_\_\_\_ You assisted students in answering the questions \_\_\_\_\_.

6. How much class time did you spend on **Tefillah Power**? \_\_\_\_\_. Comments \_\_\_\_\_

7. Was the **Tefillah Power** program easy to administer? Yes \_\_\_\_\_ No \_\_\_\_\_

Comments \_\_\_\_\_

8. Do you plan on participating in the **Tefillah Power** program next year? Yes \_\_\_\_\_ No \_\_\_\_\_

Comments \_\_\_\_\_

9. Would you recommend this program to other schools? Yes \_\_\_\_\_ No \_\_\_\_\_

10. If you have had a positive experience with **Tefillah Power**, we would appreciate your testimonial. Please indicate below if you do not want your name included on any promotional materials for which your testimonial may be used.

Testimonial \_\_\_\_\_

Check here if you do not want your name used \_\_\_\_\_

### Improvements For Next Year

11. Do you have **any** other suggestions how to make the **Tefillah Power** program better next year?

Comments \_\_\_\_\_

Thank You for taking the time to complete this survey.

Please fax the completed Survey to (201) 837-7444 or scan it to [keytfilla@gmail.com](mailto:keytfilla@gmail.com)







פסוקי דזמרה, קריאת שמע וברכותיה