

TEFILLAH POWER FOR BOYS

פסוקי דזמרה
קריאת שמע וברכותיה

REBBE
INSTRUCTIONS
- AND -
ANSWER KEYS

שתיקה בתפילה

Please see page 39
if your class davens
שחרית in the classroom

A PROJECT OF

VANI TEFILLAH
FOUNDATION
'PRAYING WITH FIRE'



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פסוקי דזמרה, קריאת שמע וברכותיה

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פסוקי דזמרה, קריאת שמע וברכותיה

What Your Package Includes:

Dear Esteemed *Mechanech*:
Shalom U'Vracha!

Thank you for participating in this unique and exciting program created by the V'Ani Tefillah Foundation (VAT) to enhance your students' *tefillah* for life. BE"H, to ensure the success of the **Tefillah Power** Initiative and to make it easy for you to implement, we include the following in your package:

- **Tefillah Power Workbook:** Please distribute to each student and take your own copy of the *Tefillah Power* workbook which includes all the weekly lessons. Each week the student completes one lesson which addresses one small part of שחרית. In as little as 15 minutes each week, your students can acquire valuable information in class or on their own that will, BE"H, enhance their understanding and the power of their *tefillah*. You are encouraged to highlight the salient points of each week's *tefillah* lesson in class.
- **Prize Page:** Please distribute to each student the colorful Prize page which is included separately in your package. The Prize page shows students the different prizes they can win for each raffle (after weeks 4, 8, 12, 16 and 20).

INCLUDED IN THIS BOOKLET:

- **Weekly Instructions and Answer Keys-** For your convenience, an answer key to the questions for each lesson will be included in the weekly letter.
- **Bonus Cards (page 35)-** If necessary, please make copies of the Bonus Card and distribute to your students. For more information, please see page 12, Lesson 4, 'Distribute Bonus Card' in this booklet.
- **Prize Order Form (page 37)-** Please copy and fill out the Prize Order Form after each raffle drawing (Lessons 4, 8, 12, 16 and 20). For more information, please see page 12, Lesson 4, 'Submit Order Form for Prizes', in this booklet.

Together, BE"H, we can empower your students' *tefillah* for the rest of their lives.

Hatzlacha,



Heshy Kleinman
V'Ani Tefillah Foundation

See Lesson 1 Instructions (page 9) on how to get started.

שתיקה
בתפילה

Note: If your class davens שחרית in the classroom and is participating in the classroom שתיקה בתפילה program, please review Shtika Instructions on page 39.



Topics פסוקי דזמרה, קריאת שמע וברכותיה

The chart below is a handy reference guide so that you can easily see which תפילות are covered in each lesson of *Tefillah Power*. In addition, the theme of each lesson is briefly presented to help guide your students.

THEME	WORDS	TEFILLAH	LESSON #
The lesson of <i>Kiddush Hashem</i> .	ברוך ה' אֱלֹקִים אֱלֹקֵי יִשְׂרָאֵל.	ברוך ה' לעולם	1
<i>Ein Od Milvado</i> .	אתה הוא ה' לבדך.	וַיְבָרֶךְ דָּוִיד	2
Our adherence to the מצות strengthens our hold on Eretz Yisrael.	וְכָרוֹת עַמּוֹ הַבְּרִית... וְאֵת אֶרֶץ הַכְּנָעָנִי.	וְכָרוֹת עַמּוֹ הַבְּרִית	3
<i>Emunah: Emunah sichlis vs. emunah chushis.</i>	וַיֵּרָא יִשְׂרָאֵל אֶת הַיָּד הַגְּדֹלָה... וַיֵּאֱמִינוּ בָּהּ.	וַיִּוְשַׁע ה'	4
Although Hashem is the King of the Universe He is personally concerned with our specific needs.	זֶה אֲנִי-לִי.	אֲנִי יְשִׁיר	5
השגחה פרטית	מֶלֶךְ אֱ-לֹהֵי הָעוֹלָמִים.	יִשְׁתַּבַּח	6
Even things which seem to be bad at the time are ultimately also manifestations of Hashem's goodness.	יוֹצֵר אוֹר וּבוֹרֵא חֹשֶׁךְ.	יוֹצֵר אוֹר	7
Just as Hashem is holy, so too we are able to be holy.	קָדוֹשׁ קָדוֹשׁ קָדוֹשׁ.	קָדוֹשׁ קָדוֹשׁ קָדוֹשׁ	8
Hashem sustains the world and everything in it with a constant unlimited flow of <i>chesed</i> .	כִּי לְעוֹלָם חֶסֶד.	לֹא-ל בָּרוּךְ	9
Both love (אהבה) and fear (יראה) of Hashem work together to ensure a real and close connection with Hashem.	וַיַּחֲד לְבַבֵּנוּ לְאַהֲבָה וּלְיִרְאָה אֶת שְׁמֶךְ.	אַהֲבָה רַבָּה 1	10
Hashem's greatest show of love to the Jewish Nation was His choosing them to be the recipients of His Torah.	אַהֲבָה רַבָּה אֶהְבֵּתֵנוּ... הַבוֹחֵר בְּעַמּוֹ יִשְׂרָאֵל בְּאַהֲבָה.	אַהֲבָה רַבָּה 2	11
Accepting Hashem's kingship—קבלת עול מלכות שמים	שְׁמַע יִשְׂרָאֵל ה' אֱלֹהֵינוּ ה' אֶחָד.	שְׁמַע 1	12
Doing מצות with freshness and newness.	אֲשֶׁר אֲנִי מַצֹּן הַיּוֹם.	שְׁמַע 2	13
The great merit of the <i>mezuzah</i> protection.	עַל מְזוּזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ.	שְׁמַע 3	14
Doing a mitzvah <i>b'simcha</i> , with joy, raises the level of the mitzvah tremendously.	וְהָיָה אִם שָׁמַע תִּשְׁמְעוּ אֵל מִצְוֹתַי.	שְׁמַע 4	15
Performing מצות can bring blessing into the world and defying Hashem's will can bring suffering.	הַשְׁמִירוּ לָכֶם פֶּן יִפְתָּה לְבַבְכֶּם וְסָרְתֶּם... וְחָרָה אֵף ה' בְּכֶם.	שְׁמַע 5	16
מצות remind us of Hashem's ציצית.	וּרְאִיתֶם אוֹתוֹ וְזָכַרְתֶּם אֶת כָּל מִצְוֹת ה'.	שְׁמַע 6	17
Our belief in the final redemption is firmly established even if our generation may not have enough merits.	מִגֵּן וּמוֹשִׁיעַ לְבִגְיָהֶם אַחֲרֵיהֶם.	עֲזָרַת 1	18
Our תפילות should be in the form of an outcry to Hashem.	וְעוֹנָה לַעֲמוֹ יִשְׂרָאֵל בְּעַת שְׁוֹעַם אֵלָיו	עֲזָרַת 2	19
<i>Tefillah</i> is the correct response to every challenge in life.	גָּאֵל יִשְׂרָאֵל.	צוֹר יִשְׂרָאֵל	20



פסוקי דזמרה, קריאת שמע וברכותיה

Lesson 1: ברוך ה' לעולם

Please refer to workbook pages 5-10

FOR THE MECHANECH

- Review **Instruction Sheet** (see page 3 of the *Tefillah Power Workbook*): Please review the instruction sheet with your students, which explains how your students can get started.
- Review **Contest Card** (see page 135 of the *Tefillah Power Workbook*) - Students should use the first Contest Card on page 135 for Lessons 1-4. Each week's lesson gives each student the chance to fill in 5 circles on the Contest Card. By filling in at least **18** circles by the end of week 4, he is eligible to enter the monthly drawing for prizes to be held at your school (one prize per month—per grade per school).

PLEASE NOTE:

- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 8) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 1** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 1: Pesukei D'Zimrah, Krias Shema U'Birchosea—ברוך ה' לעולם

FOCUS: Any action by a Jew that brings honor, respect, and glory to Hashem and causes His name to be sanctified is called a *Kiddush Hashem*. This is one of the greatest things that a person can do.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 9)

Example 1: Handyman

Offer him a drink, pay him on time and thank him for his work.

Example 2: Paying for items,

Greet the clerk, give (don't toss) the money and thank him.

Matching! (page 9)

For answers see **My Very Own Tefillah** (page 7).

Tefillah Challenge (page 9)

a. ברוך, אמן.

Your Corner! (page 10)

They think that he is a good and kind person, and that it would be wonderful if everyone would be like him.



פסוקי דזמרה, קריאת שמע וברכותיה

ויברך דויד Lesson 2:

Please refer to workbook pages 11-16

FOR THE MECHANACH:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 14) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 2** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 2: *Pesukei D'Zimrah, Krias Shema U'Birchosea*—ויברך דויד

FOCUS: *Ein Od Milvado*. There is no other force in creation that has even the slightest hand in creation's running aside from Hashem.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 15)

1. Protection—All our efforts to ensure our protection only work if Hashem wills it.
2. Success—Although a person makes a השתדלות, efforts to succeed, whether his efforts will bring the results he desires is up to Hashem.

Matching! (page 15)

For answers see **My Very Own Tefillah** (page 13).

Tefillah Challenge (page 15)

א.ברם\אברהם.ב.

Your Corner! (page 16)

No.



פסוקי דזמרה, קריאת שמע וברכותיה

Lesson 3: 2 אבות

Please refer to workbook pages 17-22

FOR THE MECHANICH:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 20) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 3** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

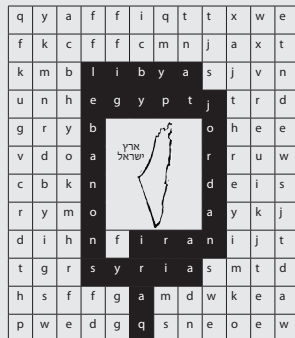
ANSWER KEY: Lesson 3: Pesukei D'Zimrah, Krias Shema U'Birchosea—וכרות עמו הברית

FOCUS: Our adherence to the מצוות strengthens our hold on ארץ ישראל.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 21)



Matching! (page 21)

For answers see **My Very Own Tefillah** (page 19)

Tefillah Challenge (page 21)

a. עמלקי.

Your Corner! (page 22)

The condition is to uphold their faithfulness to Hashem and His Torah.



פסוקי דזמרה, קריאת שמע וברכותיה

Lesson 4: ויושע ה'

Please refer to workbook pages 23-28

FOR THE MECHANECH:

- Collect **Completed Contest Cards**: At the end of **week 4**, when the student has filled in at least 18 circles on his Contest Card (which should be this week), he should cut out the **Contest Card on page 135** of the *Tefillah Power* workbook and give it to you. The completed Contest Card is his ticket to enter a raffle to win prizes. Please note that if a student missed a prior week, he may still fill in the Contest Card circle until the end of Week 4 and become eligible for the raffle to win a monthly prize. Please make sure that the Contest Cards submitted by all the participating students in the grade are included in the raffle drawing so that each student will have an opportunity to win prizes.
- Distribute **Bonus Card**: On page 35 of this booklet, you will find a copy of the **Bonus Card**. Please copy the card and cut into two, to accommodate your participating students. Please give a **Bonus Card** to each student who fills in **all 20 circles on his Contest Card**. The Bonus Card is to be used as an additional ticket to enter the raffle to win prizes.
- **Conduct Raffle for Prizes**: A raffle for prizes should be held at your school when you collect the Contest Cards (and Bonus Cards) from the students in your class. There is to be **ONE winner per grade each month for each school**, as long as there are at least **20 students** participating in the Tefillah Power program from that grade. If the grade has **less than 20 students** participating, please combine the grades so that there are, at a minimum, 20 students participating. To select the winner, please coordinate the date of the raffle with the other Mechanchim of your grade.
- Submit **Order Form for Prizes** - After you conduct the raffle in your school and the winner is chosen for your grade (see above: **Conduct Raffle for Prizes**), he may choose his prize from the Prize Page that he received in Week 1 (each student received a colorful **Prize Page** when the *Tefillah Power* workbook was handed out). To order the prize for the winner, please fill out the **Order Form for Prizes** (see page 37 of this Booklet) and fax it to 201-837-7444. When the V'Ani Tefillah Foundation (VAT) receives the Order Form, the prize will be ordered and shipped.

PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace, Matching, Tefillah Challenge, and Your Corner!**
- Encourage Students to Read **"Bringing Tefillah to Life" Story** (Page 26) and discuss the **"Food for Thought"** question at the שבת table.
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included on the next page.
- Review **Answer Key: Lesson 4**: For your convenience, an answer key to the questions in this week's *Tefillah Power* is included on the next page.

(cont. on next page)

Lesson 4: Pesukei D’Zimrah, Krias Shema U’Birchosa—וישע ה’

FOCUS: There are two levels of emunah: one where someone “understands” that Hashem is the Orchestrator of creation, and one where someone can “see” it clearly.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Suggested Answers to Tefillah Workspace (page 27)

Students stories will vary.

Matching! (page 27)

For answers see *My Very Own Tefillah* (page 25).

Tefillah Challenge (page 27)

a. משה.

Your Corner! (page 28)

Believing that Hashem runs the world, and feeling it as if you see it.



פסוקי דזמרה, קריאת שמע וברכותיה

Lesson 5: אז ישיר

Please refer to workbook pages 31-36

FOR THE MECHANECH

- Review **Contest Card** (see page 135 of the *Tefillah Power Workbook*) - Students should use the second Contest Card on page 135 for Lessons 5-8. Each week's lesson gives each student the chance to fill in 5 circles on the Contest Card. By filling in at least **18** circles by the end of week 8, he is eligible to enter the monthly drawing for prizes to be held at your school (one prize per month—per grade per school).

PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner!**
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 34) and answer the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 5** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 5: Pesukei D'Zimrah, Krias Shema U'Birchosea—אז ישיר

FOCUS: Although Hashem is the King of the universe and involved in the greatest of things, He is still personally concerned with each person's specific needs.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 35)

1. Safety 2. School 3. Health 4. Friends

Matching! (page 35)

For answers see **My Very Own Tefillah** (page 33).

Tefillah Challenge (page 35)

ה. מלכותה קאם לעלם ולעלמי לעלמיא.

Your Corner! (page 36)

No! Hashem cares for each person's big and small needs.



פסוקי דזמרה, קריאת שמע וברכותיה

Lesson 6: ישתבח

Please refer to workbook pages 37-42

FOR THE MECHANACH:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 40) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 6** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 6: *Pesukei D'Zimrah, Krias Shema U'Birchosea*—ישתבח

FOCUS: השגחה פרטית—Every facet of creation is controlled by Hashem, and every last detail fits into His master plan—nothing is a coincidence

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 41)

Across: 1. Moshe 2. Esther 3. Yosef

Down: 1. Achshveirosh 2. Haman 3. Shevatim

Matching! (page 41)

For answers see **My Very Own Tefillah** (page 39).

Tefillah Challenge (page 41)

a. הלל.

Your Corner! (page 42)

He guides each aspect of Creation so that it all works together in perfect harmony just as the conductor guides all the musicians.



פסוקי דזמרה, קריאת שמע וברכותיה

יוצר אור ובורא חשך: Lesson 7

Please refer to workbook pages 43-48

FOR THE MECHANACH:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 46) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 7** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 7: *Pesukei D'Zimrah, Krias Shema U'Birchosa*—יוצר אור ובורא חשך

FOCUS: Even things that seem to be bad are ultimately also manifestations of Hashem's goodness, even though very often we can't understand how, especially since we do not see the complete story.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 47)

Situation 1: You miss the bus and it winds up being in an accident

Situation 2: Since he was fired, he was forced to look for a new job and found one that paid more and that he liked better

Situation 3: Since he did not feel well, he went to the doctor and found that he had a condition that required him to take medication.

Situation 4: The frustration of spilling and losing the milk may be a כפרה for an עבירה instead of some other loss.

Matching! (page 47)

For answers see **My Very Own Tefillah** (page 45)

Tefillah Challenge (page 47)

בראשית. c.

Your Corner! (page 48)

Only if you know the complete story much later can you see how everything that was done or that happened was really for the good.



פסוקי דזמרה, קריאת שמע וברכותיה

Lesson 8: קדוש קדוש קדוש

Please refer to workbook pages 49-54

FOR THE MECHANECH:

- Collect **Completed Contest Cards**: At the end of week 8, when the student has filled in at least 18 circles on his Contest Card (which should be this week), he should cut out the **Contest Card on page 135** of the *Tefillah Power* workbook and give it to you. The completed Contest Card is his ticket to enter a raffle to win prizes. Please note that if a student missed a prior week, he may still fill in the Contest Card circles until the end of Week 8 and become eligible for the raffle to win a monthly prize. Please make sure that the Contest Cards submitted by all the participating students in the grade are included in the raffle drawing so that each student will have an opportunity to win prizes.
- Distribute **Bonus Card**: On page 35 of this booklet, you will find a copy of the **Bonus Card**. Please copy the card and cut into two, to accommodate your participating students. Please give a **Bonus Card** to each student who fills in **all 20 circles on his Contest Card**. The Bonus Card is to be used as an additional ticket to enter the raffle to win prizes.
- **Conduct Raffle for Prizes**: A raffle for prizes should be held at your school when you collect the Contest Cards (and Bonus Cards) from the students in your class. There is to be **ONE winner per grade each month for each school**, as long as there are at least **20 students** participating in the Tefillah Power program from that grade. If the grade has **less than 20 students** participating, please combine the grades so that there are, at a minimum, 20 students participating. To select the winner, please coordinate the date of the raffle with the other Mechanchim of your grade.
- Submit **Order Form for Prizes** - After you conduct the raffle in your school and the winner is chosen for your grade (see above: **Conduct Raffle for Prizes**), he may choose his prize from the Prize Page that he received in Week 1 (each student received a colorful **Prize Page** when the *Tefillah Power* workbook was handed out). To order the prize for the winner, please fill out the **Order Form for Prizes** (see page 37 of this Booklet) and fax it to 201-837-7444. When the V'Ani Tefillah Foundation (VAT) receives the Order Form, the prize will be ordered and shipped.
- Hang up **Tefillah Power Poster** - Please hang up the colorful 11x17 *Tefillah Power* Poster for students to see to help reinforce the week's *tefillah* lesson and focus.

PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace, Matching, Tefillah Challenge, and Your Corner!**
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 52) and discuss the "**Food for Thought**" question at the שבת table.
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end on the next page.
- Review **Answer Key: Lesson 8**: For your convenience, an answer key to the questions in this week's *Tefillah Power* is included on the next page.

(cont. next page)

ANSWER KEY: Lesson 8: Pesukei D’Zimrah, Krias Shema U’Birchosa—קדוש קדוש קדוש

FOCUS: Just as Hashem is holy, so too we, who have a *neshamah* in us, are commanded to act in an uplifted and special way.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 53)

Situation 1: If possible eat it anyway and ask the one who prepared it for permission to take something else.

Situation 2: Try to ignore his rudeness and just keep walking.

Situation 3: Ask him nicely if he wouldn’t mind giving you a turn in 20 minutes.

Situation 4: Just keep walking and don’t answer him back.

Matching! (page 53)

For answers see **My Very Own Tefillah** (page 51).

Tefillah Challenge (page 53)

b. קדוש.

Your Corner! (page 54)

It makes you act more elevated.



פסוקי דזמרה, קריאת שמע וברכותיה

לא-ל ברוך: Lesson 9

Please refer to workbook pages 57-62

FOR THE MECHANECH

- Review **Contest Card** (see page 135 of the *Tefillah Power Workbook*) - Students should use the third Contest Card on page 135 for Lessons 9-12. Each week's lesson gives each student the chance to fill in 5 circles on the Contest Card. By filling in at least **18** circles by the end of week 12, he is eligible to enter the monthly drawing for prizes to be held at your school (one prize per month—per grade per school).

PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 60) and answer the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 9** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 9: Pesukei D'Zimrah, Krias Shema U'Birchosea—לא-ל ברוך

FOCUS: Hashem sustains the world and everything in it with a constant and unlimited flow of *chesed*; nothing just "continues to exist."

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 61)

1. People
2. Animals
3. Plants
4. Birds

Matching! (page 61)

For answers see **My Very Own Tefillah** (page 59).

Tefillah Challenge (page 61)

בעל מלחמות.

Your Corner! (page 62)

No.



פסוקי דזמרה, קריאת שמע וברכותיה

Lesson 10: אהבה רבה 1

Please refer to workbook pages 63-68

FOR THE MECHANACH:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 66) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 10** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 10: *Pesukei D'Zimrah, Krias Shema U'Birchosea*—אהבה רבה 1

FOCUS: Both love (אהבה) and fear (יראה) work together to ensure a real and close connection with Hashem.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 66)

Scared to lose closeness.

Matching! (page 66)

For answers see **My Very Own Tefillah** (page 67).

Tefillah Challenge (page 67)

b. מארבע פנים הארץ.

Your Corner! (page 68)

Love and fear of Hashem.



פסוקי דזמרה, קריאת שמע וברכותיה

Lesson 11: 2 אהבה רבה

Please refer to workbook pages 69-74

FOR THE MECHANACH:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 72) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 11** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 11: *Pesukei D'Zimrah, Krias Shema U'Birchosea*—2 אהבה רבה

FOCUS: Hashem's greatest show of love to the Jewish Nation was His choosing them to be the recipients of His Torah, and thereby be granted the ability to have an uplifted and meaningful life.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 73)

1. שבת - A chance to rest from doing work, learn Torah, and spend meaningful time with our family.
2. תפילה - A chance to speak to Hashem and develop a relationship with Him and ask the King of kings for what we need.
3. צדקה - Help develop the trait of compassion in the giver and ensures that people are taken care of.
4. השבת אבדה - Teaches us to respect other people's things and helps to ensure others will respect our things.
5. כיבוד אב ואם - Teaches us to be grateful and to happily appreciate all that we're given by our parents and Hashem.
6. Being especially nice to orphans and widows - Teaches us to be merciful, especially to those who need our compassion.
7. ביקור חולים - Ensures that in time of distress no one will feel abandoned and lonely.
8. Not stealing - Ensures that people live in peace with each other.

Matching! (page 73)

For answers see **My Very Own Tefillah** (page 71)

Tefillah Challenge (page 73)

a. 2

Your Corner! (page 74)

Giving them the Torah.



פסוקי דזמרה, קריאת שמע וברכותיה

Lesson 12: שמע 1

Please refer to workbook pages 75-80

FOR THE MECHANECH:

- Collect **Completed Contest Cards**: At the end of **week 12**, when the student has filled in at least 18 circles on his Contest Card (which should be this week), he should cut out the **Contest Card on page 135** of the *Tefillah Power* workbook and give it to you. The completed Contest Card is his ticket to enter a raffle to win prizes. Please note that if a student missed a prior week, he may still fill in the Contest Card circles until the end of Week 12 and become eligible for the raffle to win a monthly prize. Please make sure that the Contest Cards submitted by all the participating students in the grade are included in the raffle drawing so that each student will have an opportunity to win prizes.
- Distribute **Bonus Card**: On page 35 of this booklet, you will find a copy of the **Bonus Card**. Please copy the card and cut into two, to accommodate your participating students. Please give a **Bonus Card** to each student who fills in **all 20 circles on his Contest Card**. The Bonus Card is to be used as an additional ticket to enter the raffle to win prizes.
- **Conduct Raffle for Prizes**: A raffle for prizes should be held at your school when you collect the Contest Cards (and Bonus Cards) from the students in your class. There is to be **ONE winner per grade each month for each school**, as long as there are at least **20 students** participating in the Tefillah Power program from that grade. If the grade has **less than 20 students** participating, please combine the grades so that there are, at a minimum, 20 students participating. To select the winner, please coordinate the date of the raffle with the other Mechanchim of your grade.
- Submit **Order Form for Prizes** - After you conduct the raffle in your school and the winner is chosen for your grade (see above: **Conduct Raffle for Prizes**), he may choose his prize from the Prize Page that he received in Week 1 (each student received a colorful **Prize Page** when the *Tefillah Power* workbook was handed out). To order the prize for the winner, please fill out the **Order Form for Prizes** (see page 37 of this Booklet) and fax it to 201-837-7444. When the V'Ani Tefillah Foundation (VAT) receives the Order Form, the prize will be ordered and shipped.

PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace, Matching, Tefillah Challenge, and Your Corner!**
- Encourage Students to Read **"Bringing Tefillah to Life" Story** (Page 78) and discuss the **"Food for Thought"** question at the שבת table.
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included on the next page.
- Review **Answer Key: Lesson 12**: For your convenience, an answer key to the questions in this week's *Tefillah Power* is included on the next page.

(cont. on next page)

ANSWER KEY: Pesukei D'Zimrah, Krias Shema U'Birchosea—שמע 1

FOCUS: קבלת עול מלכות שמים—Hashem is our King, and He is the only One Whose instructions, which are given in the Torah, should mold how we live our life.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 79)

1. He should thank his mother for her efforts and ask if perhaps there is also something else that he can eat.
2. He cleans himself and the seat. If he is certain which boy did it, he nicely reminds the boy that he found his cupcake on the seat and to please be more careful next time.
3. If possible he nicely asks the driver if he could please stop. If not, he gets off at the next stop.

Matching! (page 79)

For answers see **My Very Own Tefillah** (page 77).

Tefillah Challenge (page 79)

וקשרתם... עיניך. c.

Your Corner! (page 80)

Accepting Hashem's absolute rule and then trying our best to act in the way revealed to us in the Torah which is what Hashem wants.



פסוקי דזמרה, קריאת שמע וברכותיה

שמע 2: Lesson 13

Please refer to workbook pages 83-88

FOR THE MECHANECH

- Review **Contest Card** (see page 135 of the *Tefillah Power Workbook*) - Students should use the fourth Contest Card on page 135 for Lessons 13-16. Each week's lesson gives each student the chance to fill in 5 circles on the Contest Card. By filling in at least **18** circles by the end of week 16, he is eligible to enter the monthly drawing for prizes to be held at your school (one prize per month—per grade per school).

PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 86) and answer the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 13** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 13: *Pesukei D'Zimrah, Krias Shema U'Birchosea*— שמע 2

FOCUS: Doing מצות with freshness and newness, as if they were just commanded today for the very first time.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 87)

Answers will vary.

Matching! (page 87)

For answers see **My Very Own Tefillah** (page 85).

Tefillah Challenge (page 87)

למען ירבו ימיכם וימי בניכם c.

Your Corner! (page 88)

Imagine if someone very important, such as your Rebbe, would instruct you to do something and receive a great reward—wouldn't you feel an excitement! Realize that the King of kings, Master of the world, is asking you each day to fulfill each מצוה commanded that day.



פסוקי דזמרה, קריאת שמע וברכותיה

שמע 3: Lesson 14

Please refer to workbook pages 89-94

FOR THE MECHANECH:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner!**
- **Tefillah Challenge question in Workbook** -To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 92) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 14** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 14: *Pesukei D'Zimrah, Krias Shema U'Birchosea*—שמע 3

FOCUS: The merit of putting a *mezuzah* on the door can bring special protection from Hashem.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 93)

Mezuzah Merits Protection.

Matching! (page 93)

For answers see **My Very Own Tefillah** (page 91).

Tefillah Challenge (page 93)

a. לטטפת / לטטפת

Your Corner! (page 94)

Having a *mezuzah* on the doorpost.



פסוקי דזמרה, קריאת שמע וברכותיה

Lesson 15: שמע 4

Please refer to workbook pages 95-100

FOR THE MECHANACH:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the tefillah they recite, please encourage them to answer the question on their workbook. The answer to this week's Tefillah Challenge question is included at the end of this page (see below).
- Encourage Students to Read "Bringing Tefillah to Life" Story (Page 98) and answer the "Food for Thought" question at the table.
- **Answer Key: Lesson 15** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 15: *Pesukei D'Zimrah, Krias Shema U'Birchosea*—שמע 4

FOCUS: Doing a *mitzvah b'simcha*, with joy, raises the level of the *mitzvah* tremendously and brings much greater reward, because such a *mitzvah* is very precious to Hashem.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 99)

d	n	o	f	t	m	I	r	e	w	a	r	d
j	n	g	l	h	u	i	g	p	g	v	e	k
m	v	l	b	h	o	n	v	;	p	h	w	s
z	m	r	c	e	s	z	v	n	j	i	j	g
f	h	y	g	g	g	s	u	k	q	z	j	k
i	t	f	d	e	d	i	c	a	t	i	o	n
o	n	r	d	x	z	m	j	f	y	j	f	o
m	t	p	l	e	c	c	w	m	c	j	u	n
u	h	b	f	r	n	h	j	n	n	f	i	q
a	m	i	t	z	v	a	h	t	l	b	c	d
g	y	i	d	c	i	m	x	r	s	e	d	g
j	b	f	r	h	n	k	o	h	b	m	t	f
c	e	c	o	m	m	i	t	m	e	n	t	j

Matching! (page 99)

For answers see *My Very Own Tefillah* (page 97).

Tefillah Challenge (page 99)

b. וְאֵיתָם אֲתוּ.

Your Corner! (page 100)

Doing it *b'simcha*.



פסוקי דזמרה, קריאת שמע וברכותיה

שמע 5: Lesson 16

Please refer to workbook pages 101-106

FOR THE MECHANECH:

- Collect **Completed Contest Cards**: At the end of **week 16**, when the student has filled in at least 18 circles on his Contest Card (which should be this week), he should cut out the **Contest Card on page 135** of the *Tefillah Power* workbook and give it to you. The completed Contest Card is his ticket to enter a raffle to win prizes. Please note that if a student missed a prior week, he may still fill in the Contest Card circles until the end of Week 16 and become eligible for the raffle to win a monthly prize. Please make sure that the Contest Cards submitted by all the participating students in the grade are included in the raffle drawing so that each student will have an opportunity to win prizes.
- Distribute **Bonus Card**: On page 35 of this booklet, you will find a copy of the **Bonus Card**. Please copy the card and cut into two, to accommodate your participating students. Please give a **Bonus Card** to each student who fills in **all 20 circles on his Contest Card**. The Bonus Card is to be used as an additional ticket to enter the raffle to win prizes.
- **Conduct Raffle for Prizes**: A raffle for prizes should be held at your school when you collect the Contest Cards (and Bonus Cards) from the students in your class. There is to be **ONE winner per grade each month for each school**, as long as there are at least **20 students** participating in the Tefillah Power program from that grade. If the grade has **less than 20 students** participating, please combine the grades so that there are, at a minimum, 20 students participating. To select the winner, please coordinate the date of the raffle with the other Mechanchim of your grade.
- Submit **Order Form for Prizes** - After you conduct the raffle in your school and the winner is chosen for your grade (see above: **Conduct Raffle for Prizes**), he may choose his prize from the Prize Page that he received in Week 1 (each student received a colorful **Prize Page** when the *Tefillah Power* workbook was handed out). To order the prize for the winner, please fill out the **Order Form for Prizes** (see page 37 of this Booklet) and fax it to 201-837-7444. When the V'Ani Tefillah Foundation (VAT) receives the Order Form, the prize will be ordered and shipped.

PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace, Matching, Tefillah Challenge, and Your Corner!**
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 104) and discuss the "**Food for Thought**" question at the שבת table.
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included on the next page.
- Review **Answer Key: Lesson 16**: For your convenience, an answer key to the questions in this week's *Tefillah Power* is included on the next page.

(cont. on next page)

ANSWER KEY: Lesson 16: Pesukei D'Zimrah, Krias Shema U'Birchosea—שמע 5

FOCUS: Doing מצוות can cause blessings to be brought to the world, and defying Hashem's Will can remove blessings and can cause suffering to be brought to the world.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 105)

Doing good can bring blessing. Doing bad can take away blessing.

Matching! (page 105)

For answers see **My Very Own Tefillah** (page 103).

Tefillah Challenge (page 105)

a. וְלֹא יִהְיֶה מִטָּר.

Your Corner! (page 106)

How much we are following the path of the Torah.



פסוקי דזמרה, קריאת שמע וברכותיה

Lesson 17: שמע 6

Please refer to workbook pages 109-114

FOR THE MECHANECH

- Review **Contest Card** (see page 135 of the *Tefillah Power Workbook*) - Students should use the fifth Contest Card on page 135 for Lessons 17-20. Each week's lesson gives each student the chance to fill in 5 circles on the Contest Card. By filling in at least **18** circles by the end of week 20, he is eligible to enter the monthly drawing for prizes to be held at your school (one prize per month—per grade per school).

PLEASE NOTE:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner!**
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 112) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 17** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 17: Pesukei D'Zimrah, Krias Shema U'Birchosea—שמע 6

FOCUS: The שמע ציצית remind us of Hashem's מצוות, and help us renew our commitment to keep them.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 113)

1. Give him some *tzeddakah*, and then offer him something to eat and drink as well.
2. Don't just tell him, walk with him for the first day to be sure he gets home safely and doesn't get lost.
3. Wash it, and then wash a few more things as well in order to help out your mother.
4. Try and *daven* by saying each word more clearly, paying attention to the words and not involving yourself in other things while *davening*.

Matching! (page 113)

For answers see **My Very Own Tefillah** (page 111).

Tefillah Challenge (page 113)

וַעֲבַדְתֶּם אֱלֹהִים אֲחֵרִים.

Your Corner! (page 114)

Look at our ציצית when reciting *Shema*.



פסוקי דזמרה, קריאת שמע וברכותיה

עזרת 1: Lesson 18

Please refer to workbook pages 115-120

FOR THE MECHANACH:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner!**
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read "**Bringing Tefillah to Life**" Story (Page 118) and discuss the "**Food for Thought**" question at the שבת table.
- **Answer Key: Lesson 18** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 18: *Pesukei D'Zimrah, Krias Shema U'Birchosea*—עזרת 1

FOCUS: Even if we ourselves as a generation don't deserve all the things we have in our own merit, it continues to come due to the collective merits of all the generations before us.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 119)

u	f	r	n	q	o	a	e	d	c	h	t	b	h	p
i	u	b	l	e	s	s	i	n	g	s	i	v	g	r
q	x	o	h	r	f	s	t	f	k	u	g	f	r	o
i	h	d	e	x	f	i	r	x	s	v	g	j	k	t
i	h	y	f	e	d	s	f	h	h	r	w	x	h	e
m	u	x	d	m	e	t	i	v	w	m	o	b	f	c
c	f	o	r	e	f	a	t	h	e	r	s	t	b	t
o	c	f	r	r	y	n	n	r	t	c	v	g	h	i
y	g	d	e	i	n	c	i	h	r	d	c	g	n	o
o	p	h	t	t	a	e	m	x	z	g	u	y	j	n
q	c	i	x	i	g	t	d	t	i	j	i	g	t	j
g	y	h	k	n	v	a	e	h	i	k	g	t	g	c
i	b	f	r	d	e	d	s	q	b	k	n	u	u	r
y	r	e	i	t	i	o	n	s	h	i	p	t	v	d
e	f	h	i	j	y	g	r	d	r	f	b	j	i	l

Matching! (page 119)

For answers see **My Very Own Tefillah** (page 117).

Tefillah Challenge (page 119)

c. 15.

Your Corner! (page 120)

By showing extraordinary dedication and loyalty to Him.



פסוקי דזמרה, קריאת שמע וברכותיה

עזרת 2: Lesson 19:

Please refer to workbook pages 121-126

FOR THE MECHANEC:

- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace**, **Matching**, **Tefillah Challenge**, and **Your Corner**!
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).
- Encourage Students to Read “**Bringing Tefillah to Life**” Story (Page 124) and discuss the “**Food for Thought**” question at the שבת table.
- **Answer Key: Lesson 19** - For your convenience, an answer key to the questions in this week's lesson is included at the end of this page (see below).

ANSWER KEY: Lesson 19: *Pesukei D'Zimrah, Krias Shema U'Birchosea*—עזרת 2

FOCUS: Our תפילות should be in the form of a heartfelt plea to Hashem, expressing how much we need Him for everything in our lives.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 125)

d	p	m	t	e	f	i	l	l	a	h
e	b	i	v	r	x	s	w	n	k	
f	g	s	r	f	x	j	i	g	m	g
e	c	g	p	j	f	q	a	v	y	t
m	d	e	p	e	n	d	a	n	t	j
e	c	i	t	b	r	h	d	w	s	q
p	h	y	d	s	c	a	e	c	g	j
p	k	b	g	c	d	b	t	h	u	f
r	n	u	k	i	n	d	n	e	s	s
w	d	g	m	l	u	n	f	h	u	w
o	u	t	c	r	y	j	n	f	k	i

Matching! (page 125)

For answers see **My Very Own Tefillah** (page 123).

Tefillah Challenge (page 125)

a. 2.

Your Corner! (page 126)

As much as possible. Yes.



פסוקי דזמרה, קריאת שמע וברכותיה

Lesson 20: צור ישראל

Please refer to workbook pages 127-132

On behalf of the V'Ani Tefillah Foundation (VAT), thank you for participating in this unique and exciting program to enhance your students' tefillah for life.

FOR THE MECHANECH:

- Collect **Completed Contest Cards**: At the end of **week 20**, when the student has filled in at least 18 circles on his Contest Card (which should be this week), he should cut out the **Contest Card on page 135** of the *Tefillah Power* workbook and give it to you. The completed Contest Card is his ticket to enter a raffle to win prizes. Please note that if a student missed a prior week, he may still fill in the Contest Card circles until the end of Week 20 and become eligible for the raffle to win a monthly prize. Please make sure that the Contest Cards submitted by all the participating students in the grade are included in the raffle drawing so that each student will have an opportunity to win prizes.
- Distribute **Bonus Card**: On page 35 of this booklet, you will find a copy of the **Bonus Card**. Please copy the card and cut into two, to accommodate your participating students. Please give a **Bonus Card** to each student who fills in **all 20 circles on his Contest Card**. The Bonus Card is to be used as an additional ticket to enter the raffle to win prizes.
- **Conduct Raffle for Prizes**: A raffle for prizes should be held at your school when you collect the Contest Cards (and Bonus Cards) from the students in your class. There is to be **ONE winner per grade each month for each school**, as long as there are at least **20 students** participating in the Tefillah Power program from that grade. If the grade has **less than 20 students** participating, please combine the grades so that there are, at a minimum, 20 students participating. To select the winner, please coordinate the date of the raffle with the other Mechanchim of your grade.
- Submit **Order Form for Prizes** - After you conduct the raffle in your school and the winner is chosen for your grade (see above: **Conduct Raffle for Prizes**), he may choose his prize from the Prize Page that he received in Week 1 (each student received a colorful **Prize Page** when the *Tefillah Power* workbook was handed out). To order the prize for the winner, please fill out the **Order Form for Prizes** (see page 37 of this Booklet) and fax it to 201-837-7444. When the V'Ani Tefillah Foundation (VAT) receives the Order Form, the prize will be ordered and shipped.

PLEASE NOTE:

- **Certificate of Achievement**: The V'Ani Tefillah Foundation is proud to give each student who has completed the Tefillah Power program, a **certificate of achievement**. There is a certificate included on page 137 of the *Tefillah Power* workbook. Students should cut it out and hand it in to the Rebbe. Please fill in the name of the student on the Certificate.
- Please review with your students the answers to last week's *Tefillah Power* questions from **Tefillah Workspace, Matching, Tefillah Challenge**, and **Your Corner!**
- Encourage Students to Read **"Bringing Tefillah to Life" Story** (Page 130) and discuss the **"Food for Thought"** question at the שבת table.
- **Tefillah Challenge question in Workbook** - To add to your students' awareness of the *tefillah* they recite, please encourage them to answer the question on their workbook. The answer to this week's **Tefillah Challenge** question is included at the end of this page (see below).

(cont. on next page)

- Review **Answer Key: Lesson 20:** For your convenience, an answer key to the questions in this week's *Tefillah Power* is included below.

ANSWER KEY: Lesson 20: Pesukei D'Zimrah, Krias Shema U'Birchosea—צור ישראל

FOCUS: Because we trust in Hashem alone to redeem us from our troubles, *tefillah* is indeed the prescribed manner for a Jew to respond to every challenge in life.

ANSWER KEY:

All the answers can be easily gleaned from the information in the *Tefillah Power* newsletter.

Tefillah Workspace (page 131)

r	f	y	p	v	d	s	x	d	b	j	t
q	a	k	h	c	f	r	b	h	j	m	k
e	c	g	t	y	h	k	k	m	b	f	c
g	t	n	o	h	y	f	c	e	f	v	h
p	o	w	e	r	f	n	m	k	i	y	m
z	d	y	h	e	g	y	p	t	n	j	d
p	n	h	y	d	d	j	u	h	t	f	r
c	e	d	r	f	t	s	g	e	b	u	g
r	f	g	h	u	j	i	o	k	h	f	r
g	t	e	f	i	l	l	a	h	n	j	s
d	r	g	e	j	f	t	g	j	i	j	i
c	h	a	l	l	e	n	g	e	s	g	u

Matching! (page 131)

For answers see **My Very Own Tefillah** (page 129).

Tefillah Challenge (page 131)

b. 5.

Your Corner! (page 132)

The knowledge that we are speaking to Someone who really has the ability to help us in any and every situation—no matter how difficult it may be.

TEFILLAH POWER BONUS CARD

If you fill in all **20 circles** on the Contest Card, you can submit this BONUS CARD for an extra chance to win prizes! Just fill in the information below, and give this BONUS CARD to Rebbe with your completed Contest Card.

NAME _____

REBBE'S NAME _____

SCHOOL _____

GRADE _____



TEFILLAH POWER BONUS CARD

If you fill in all **20 circles** on the Contest Card, you can submit this BONUS CARD for an extra chance to win prizes! Just fill in the information below, and give this BONUS CARD to Rebbe with your completed Contest Card.

NAME _____

REBBE'S NAME _____

SCHOOL _____

GRADE _____



BOYS

Order Form for Prizes

NOTE: Your school is entitled to one prize per grade per month, as long as there are at least **20 students** participating in the Tefillah Power program from that grade. If the grade has **less than 20 students** participating, then please combine the grades so that there are, at a minimum, 20 students participating. After your grade holds the raffle, the Rebbe of the winner should submit this form. If the winner is not in your class, please keep this form for the next raffle.

SCHOOL NAME: _____ CITY/STATE: _____

CONTACT NAME: _____ EMAIL ADDRESS: _____

SCHOOL PHONE: (_____) _____ EXT: _____ FAX: (_____) _____

NAME OF STUDENT WHO WON (first and last name) _____

GRADE: _____ REBBE'S NAME _____

Prizes should be chosen from the **Prize Page** that each student received with *Tefillah Power*, Issue #1.

ONE PRIZE PER WINNER: Refer to the prize page. Please list 3 prize choices in order of preference, this way, if prize is out of stock, we have the option to substitute another prize. Choice 1 below should be student's top choice.

▶ PLEASE NOTE: The **Prize Name** must be filled out. **The number is not enough.**

1) PRIZE NAME: _____ Number of Prize:* _____

2) PRIZE NAME: _____ Number of Prize:* _____

3) PRIZE NAME: _____ Number of Prize:* _____

*PRIZE NUMBER (see prize page - number is in a circle next to the picture of prize)

WHICH RAFFLE DID STUDENT WIN: (I.E. WEEK 4, WEEK 8 ETC.) _____

SCHOOL SHIPPING ADDRESS:

Please write the shipping address exactly as it should appear on the shipping label.

NAME OR CONTACT: _____

SCHOOL: _____

STREET ADDRESS: _____

CITY /STATE / ZIP: _____

TO ORDER: FAX THIS FORM BACK TO: 201-837-7444 or e-mail info@prayingwithfire.org

TEFILLAH POWER

שתיקה בתפילה

What Your Package Includes:

Dear Esteemed *Mechanech*:
Shalom U'Vracha!

Thank you for participating in the unique Shtika B'Tefillah Initiative for your classroom created by the V'Ani Tefillah Foundation (VAT). BE"H, to ensure the success of the **Shtika B'Tefillah Initiative** and to make it easy for you to implement, we include the following in your package:

- **Prize Page:** Please have your students review the colorful Prize page which was included separately in your package. The Prize page shows students the different prizes they can win for each raffle. The students should use the same Prize page they received for *Tefillah Power*.
- **Shtika B'Tefillah Poster** - Included separately in your package is a colorful Shtika B'Tefillah *halacha* poster outlining the rules against speaking during 19 different parts of the *tefillah* (i.e. birchas hashachar, peukei d'zimrah, chazaras hashatz, etc.) This will give your students a handy reference and reminder.

INCLUDED IN THIS BOOKLET:

- **Instructions** on how to get started. See page 41 of this booklet.
- **Bonus Cards (page 43)**- If necessary, please make copies of the Bonus Card and distribute to your students. For more information, please see page 41 in this booklet, 'Distribute Bonus Card'.
- **Prize Order Form (page 45)**- Please copy and fill out the Prize Order Form after each raffle drawing (every 4 weeks).
- **Reimbursement Form (page 47)** - By filling in 20 boxes on his Minyanaire Club Contest Card over a 24 day period, each student is eligible to receive a special snack (i.e. donut, bag of chips, etc.) to be purchased by the School/Rebbe. The VAT will provide reimbursement up to 50 cents per student. Please see page 47 for the Reimbursement Form.

Thank you for joining us on this exciting venture which, BE"H, will strengthen the תפילות of the next generation, carrying Klal Yisrael's devotion up to the *Kisei Hakovod*, and bringing Hashem's *yeshuos* into our world.

Hatzlacha,



Heshy Kleinman
V'Ani Tefillah Foundation

Instructions on how to get started. See page 41 of this booklet.

TEFILLAH POWER

שתיקה בתפילה

Instructions

HOW TO GET STARTED:

- Review **Shtika Instruction Sheet** (see page 139 of the *Tefillah Power Workbook*): Please review the instruction sheet with your students, which explains how your students can get started.
- Review the **Minyan Club Contest Card** (see page 141 of the *Tefillah Power Workbook*) - Students should use one Contest Card on page 141 over a 24 day period. By filling in **20 boxes on his Minyan Club Contest Card over a 24 day period**, the student is eligible to enter the monthly drawing for prizes. He will also receive a special snack (i.e. donut, bag of chips, etc.) to be purchased by the School/Rebbe. The VAT will provide reimbursement up to 50 cents per student. Please see page 47 for the **Reimbursement Form**.
- Hang up **Shtika B'Tefillah Poster**.

AT THE END OF EVERY 4 WEEK PERIOD:

- Collect **Completed Contest Cards**: At the end of **every 4 weeks**, when the student has filled in at least 20 boxes on his **Minyan Club Contest Card**, he should cut out the **Contest Card on page 141** of the *Tefillah Power* workbook and give it to you. The completed Contest Card is his ticket to enter a raffle to win prizes.
- Distribute **Bonus Card**: On page 43 of this booklet, you will find a copy of the **Bonus Card**. Please copy the card to accommodate your participating students. A student who fills in **22 boxes** on the **Contest Card** receives a **BONUS CARD** for an extra raffle entry. A student who completes all **24 boxes** on the **Contest Card** receives a second **BONUS CARD** raffle entry.
- **Conduct Raffle for Prizes**: A raffle for prizes should be held at your school when you collect the Contest Cards (and Bonus Cards) from the students in your class. There is to be **ONE winner per class** in the 6th grade each month for each school, as long as there are at least **20 students** participating in the Shtika program from that class. If the class has less than 20 students participating, please combine the classes so that there are, at a minimum, 20 students participating. To select the winner, please coordinate the date of the raffle with the other class Mechanchim.
- Submit **Order Form for Prizes** - After you conduct the raffle in your school and the winner is chosen for your grade (see above: **Conduct Raffle for Prizes**), he may choose his prize from the Prize Page that he received in Week 1 of *Tefillah Power*. To order the prize for the winner, please fill out the **Order Form for Prizes** (see page 45 of this Booklet) and fax it to 201-837-7444. When the V'Ani Tefillah Foundation (VAT) receives the Order Form, the prize will be ordered and shipped.

Additional Information:

- On a day when a student did not daven שחרית in class, he may fill in a box on the Contest Card if he did not speak during שחרית he davened elsewhere.

שתיקה בתפילה MINYANAIRE CLUB **BONUS CARD**

If you fill in **22 boxes** on the Contest Card, you can submit this BONUS CARD for an extra chance to win prizes! Just fill in the information below, and give this BONUS CARD to the Minyan Rebbe with your completed Contest Card.

If you fill in all **24 boxes** on the Minyanaire Card, you can submit 2 BONUS CARDS for 2 extra chances in the raffle. Just ask the Minyan Rebbe for a second BONUS CARD

NAME

REBBE'S NAME

SCHOOL

GRADE

A PROJECT OF

 VANI TEFILLAH
 FOUNDATION
 "PRAYING WITH FIRE"



שתיקה בתפילה MINYANAIRE CLUB **BONUS CARD**

If you fill in **22 boxes** on the Contest Card, you can submit this BONUS CARD for an extra chance to win prizes! Just fill in the information below, and give this BONUS CARD to the Minyan Rebbe with your completed Contest Card.

If you fill in all **24 boxes** on the Minyanaire Card, you can submit 2 BONUS CARDS for 2 extra chances in the raffle. Just ask the Minyan Rebbe for a second BONUS CARD

NAME

REBBE'S NAME

SCHOOL

GRADE

A PROJECT OF

 VANI TEFILLAH
 FOUNDATION
 "PRAYING WITH FIRE"

שתיקה בתפילה

Order Form for Prizes

SCHOOL NAME: _____ CITY/STATE: _____

SHTIKA COORDINATOR NAME: _____ EMAIL ADDRESS: _____

SCHOOL PHONE: (_____) _____ EXT: _____ FAX: (_____) _____

NAME OF STUDENT WHO WON (first and last name) _____

GRADE: _____ REBBE'S NAME _____

Prizes should be chosen from the Prize Page provided with Issue #1.

ONE PRIZE PER WINNER: Refer to the prize page. Please list 3 prize choices in order of preference, this way, if prize is out of stock, we have the option to substitute another prize. Choice 1 below should be student's top choice.

1) PRIZE NAME: _____ Number of Prize:* _____

2) PRIZE NAME: _____ Number of Prize:* _____

3) PRIZE NAME: _____ Number of Prize:* _____

*PRIZE NUMBER (see prize page - number is in a circle next to the picture of prize)

WHICH SHTIKA RAFFLE DID STUDENT WIN: (I.E. SHTIKA PERIOD ENDING ON WHAT DAY) _____

SCHOOL SHIPPING ADDRESS:

Please write the shipping address exactly as it should appear on the shipping label.

NAME OR CONTACT: _____

SCHOOL: _____

STREET ADDRESS: _____

CITY /STATE / ZIP: _____

TO ORDER: FAX THIS FORM BACK TO: 201-837-7444 or e-mail info@prayingwithfire.org

שתיקה בתפילה

Reimbursement Form

By filling in 20 boxes on his Minyanair Club Contest Card over a 24 day period, each student is eligible to receive a special snack (i.e. donut, bag of chips, etc.) to be purchased by the School/Rebbe. The VAT will provide reimbursement up to 50 cents per student.

SCHOOL NAME: _____ CITY/STATE: _____

CONTACT NAME: _____ EMAIL ADDRESS: _____

SCHOOL PHONE: (_____) _____ EXT: _____ FAX: (_____) _____

Please indicate how many students (filled in 20 boxes and) are entitled to a special snack _____.

Amount for VAT to reimburse \$ _____.

Is it O.K. for VAT to reimburse you at end of Shtika program (rather than having VAT write smaller checks during the Shtika program)? You will keep track of amount VAT owes for reimbursement of nosh over school year. Yes ____ No ____

Please indicate to whom and where reimbursement should be made: _____

FAX THIS FORM BACK TO: 201-837-7444 or e-mail info@prayingwithfire.org

REBBE'S NAME: _____
 GRADE: _____
 SCHOOL: _____
 EMAIL: _____
 CELL PHONE: _____



'TEFILLAH POWER' *Mechanchim* Survey

Please fax the completed Survey to (201) 837-7444 or scan it to keytfilla@gmail.com

1. Did you find the **Tefillah Power** program to be at an appropriate level for your class? Yes_____ No_____

Comments _____
2. Do you feel your students enjoyed learning **Tefillah Power**? Yes_____ No_____ Comments _____
3. What percent of your students read the **Tefillah Power** newsletters? _____%.
4. What percent of your students participated in the contest prize part of the **Tefillah Power** program _____%.
5. How did you use **Tefillah Power** in your class?

You read it aloud in class _____ Students read it on their own _____ You assisted students in answering the questions _____.
6. How much class time did you spend on **Tefillah Power**? _____. Comments _____
7. Was the **Tefillah Power** program easy to administer? Yes_____ No_____

Comments _____
8. Did you find that the weekly Posters helped the students regarding tefillah? Yes_____ No_____
9. (For **Grades 5-7**) Did your students participate in the *Shtika B'Tefillah* initiative? Yes_____ No_____. If 'yes', do you feel they gained from the *Shtika B'Tefillah* initiative? Yes_____ No_____
10. Do you plan on participating in the **Tefillah Power** program next year? Yes_____ No_____

Comments _____
11. Would you recommend this program to other schools? Yes_____ No_____
13. If you have had a positive experience with **Tefillah Power**, we would appreciate your testimonial. Please indicate below if you do not want your name included on any promotional materials for which your testimonial may be used.

Testimonial _____

Check here if you do not want your name used _____

Improvements For Next Year

13. Should the *Shtika B'Tefillah* program be continued next year? Yes_____ No_____

Comments _____
14. Would it matter much if we discontinued the weekly Posters? Yes_____ No_____
15. Would you prefer that **Tefillah Power** begin *after Sukkos* Yes_____ No_____. *After Chanukah*? Yes_____ No_____
16. Do you have **any** other suggestions how to make the **Tefillah Power** program better next year?

Comments _____

Thank You for taking the time to complete this survey.

Please fax the completed Survey to (201) 837-7444 or scan it to keytfilla@gmail.com



פסוקי דזמרה, קריאת שמע וברכותיה